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## Recreation department receives AED donation

BY MATTY ANDERSON  
Staff Writer  
manderson@turley.com

BELCHERTOWN – Susan Canning, director of KEVS Foundation, Inc. made a donation last week that continued to honor the late Kevin J. Major, while providing a lifesaving resource for the town.

On July 19, Canning donated an AED to Belchertown, at the Chestnut Hill Recreation Area on State Street.

“Cardiac arrest doesn’t just happen with older adults, it happens to kids and athletes as well, we saw that with the Buffalo Bills,” she said. “This isn’t a replacement to the firefighters, police and EMTs, you guys are crucial!”

In the unfortunate case of an emergency, dial 911 and ask the operator for the passcode that will unlock the AED. Perform CPR while listening to instructions, then use the device as directed as you wait for an ambulance to arrive.

Canning added, “The main take-away is learn CPR, learn what an AED is and how to use it and where the nearest one is. We’re



Susan Canning, Shannon LaPlante, Tyler LaPlante, Kyle Thibeault and Steve Williams are shown alongside the members of the Fire Department and Police Department.

hoping that by the end of this legislative year that this will become part of the curriculum.”

Recreation Director Kyle Thibeault said, “It’s a lifesaving opportunity to work with the

KEVS Foundation, hopefully we’ll never have to use the AED but this machine could save a life someday.”

Town Administrator Steve Williams said, “I’m very grate-

ful that we were able to participate in this program, I’m hoping that we’ll never have to use it but thankful that we’ll have an AED if the situation ever arises.”

The KEVS Foundation, Inc.

aims to prevent sudden cardiac arrest in youth through donating Automated External Defibrillators to local communities, especially in

Please see **AED**, page 3



## STORIGAMI

folds prose  
and paper  
together

BY MATTY ANDERSON  
Staff Writer  
manderson@turley.com

BELCHERTOWN – Award winning storyteller and artist, Motoko Dworkin, visited Town Hall in collaboration with the Clapp Memorial Library last Wednesday evening for a special “Storigami” experience.

She shared stories from her birth country in Japan to China, using only her words and the art of origami.

“Origami is about three things, imagination, transfor-

TURLEY PHOTO BY MATTY ANDERSON

Motoko Dworkin, performing Storigami.

Please see **STORIGAMI**, page 5

## Family center closed by Selectboard

BY MELINA BOURDEAU  
Correspondent

BELCHERTOWN – Following “a very difficult discussion,” the Selectboard voted to close the building housing the Belchertown Family Center on 51 State St. on Monday night.

Town Administrator Steve Williams began the discussion stating that he has been and continues to be a supporter the Family Center, but that the building is not safe.

“Six months ago, in my role at the DPW, we spend a considerable amount of time trying to address the roof leaks,” he said. “We prepared a lengthy capital improvement plan for that building.”

These improvements included the roofing, windows, siding and a furnace.

He said they did everything to stop the roof leaks, but earlier in July, a leak was discovered, and

it is unknown where it’s coming from.

“We’ve exhausted all our efforts to repair that. It’s time to replace the roofing,” he said.

Later, the Belchertown Family Center Committee contacted Williams to tell him that the ceiling was wet.

He said he recommended closure to make the repairs, should the board opt to explore the option.

During discussion of continuing the programming provided by the center, members of the committee stating there is one weekly program that is meeting.

Selectboard member Jen Turner said she hoped the board would consider funding the roof project.

“This building is in the middle of (Route) 202 on the main drag,” she said. “If we close it and let it decay it’s just going to be another

Please see **CLOSED**, page 7



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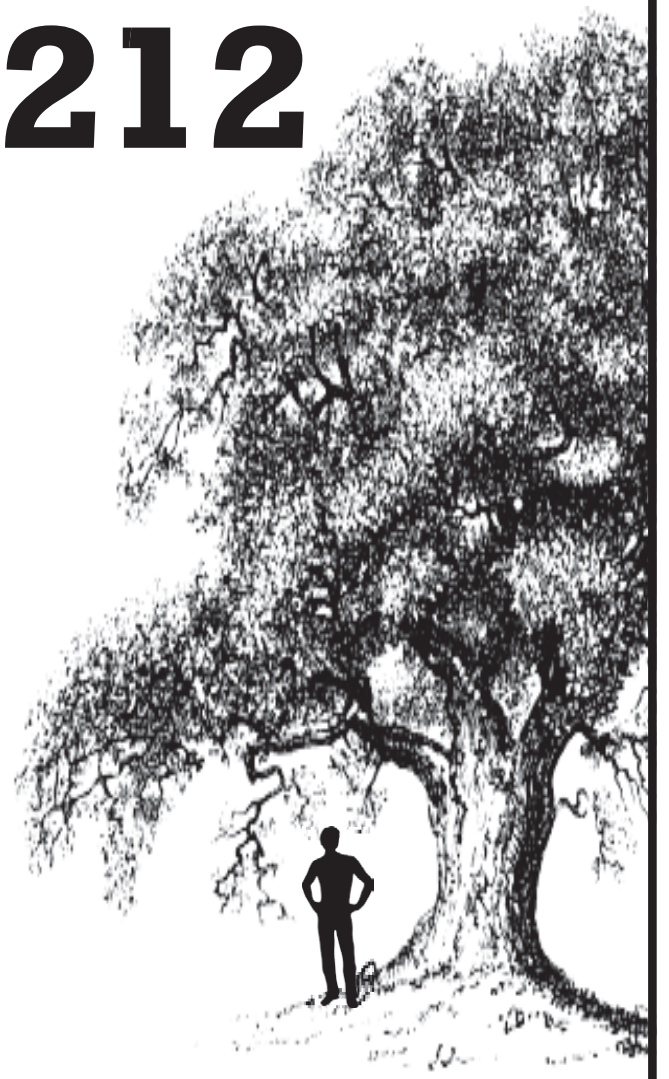
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# DL&G TREE



COMMUNITY

# Clapp Memorial Library has programs for all ages all summer long

BELCHERTOWN — The Clapp Memorial Library has a wealth of resources for our community as well as a full schedule of free public programs for all ages.

The library is located at 19 S. Main Street. Upcoming programs at the Clapp Memorial Library include:

*Teen RPG: Labyrinth 2 to 3:30 p.m. July 31, Aug. 7, Aug. 14, Aug. 21, and Aug. 28*

Take an adventure through dangers untold and hardships unnumbered to confront the Goblin King in the center of the Labyrinth. Teens are invited to the library for RPG fun, particularly for those who love Jim Henson's "The Labyrinth" and light-hearted D&D type adventure. Play as a Dwarf, Firey, Goblin, Human, Knight of Yor, Horned Beast, or Worm and find your way through the puzzles and turns of the Labyrinth in search of an audience with the Goblin King to achieve your goal. No experience or supplies needed. Register at

clapplibrary.org under the event listing on the calendar.

*Forensic genealogy with Anthony Redgrave 7 p.m. Aug. 1*

Delve into the world of forensic genealogy, also known as investigative genetic genealogy, and advances in solving cold cases. Redgrave will present a general overview of forensic genetic genealogy, examples of cases that he has worked on with his team, and the particular difficulties inherent in cases involving LGBTQ+ victims. Redgrave will also be available to answer any technical or ethical questions presented by attendees.

*Free teen book hour 3 to 4 p.m. Aug. 2*

Celebrate the end of the Teen Summer Reading Program by picking out a free teen book to keep. A table with bins of books will be set up outside the side door of the library during this hour for teens to pick a new favorite. Teens must be registered

for the Teen Summer Reading Program to pick out a book and they may register at the table. Teens who attend will also be eligible for an additional raffle ticket for the Teen Summer Reading Program. Teens may attend both book hours for a maximum of two books as supplies last. Books are donated by the library and the Friends of the Library.

*Raising our voices with Davis Bates 6 p.m. Aug. 2*

Join a favorite local performer for songs from the labor, civil rights and environmental movements and ballads and tales of strength and transformation. It also includes short family narratives designed to get folks remembering their own stories, and to connect us to each other and our various communities. Also, lots of singalongs with easy to learn choruses. The program will be on the library front lawn or, in the

Please see **LIBRARY**, page 7

## Wedding ANNOUNCEMENT



SUBMITTED PHOTO

Harrison Fedorowich and Julia Sammataro married on July 15.

### Julia Sammataro and Harrison Fedorowich wed

BELCHERTOWN— Julia Elizabeth Sammataro, a 2015 graduate of Belchertown High School and formerly from Belchertown, married Harrison Fedorowich of Portsmouth, New Hampshire, on July 15 at The Barn on the Pemi in Plymouth, New Hampshire.

AED from page 1

areas where children play. Kevin was a teenage athlete who was known for his sense of humor and hardworking nature.

As many of Kevin's teammates would tell you, his motto was "No

Excuses, Play Like A Champion." Off the ice or field, Kevin would live by another motto: "Live Every Day, Laugh Every Moment, Love Beyond Words."

According to the KEVS Foundation, Inc. website, everyone who knew, or had an opportunity

to meet Kevin, knew he lived his life and played with a "Big Heart." Unfortunately on July 11, 2011, this inspirational young man away too soon. It was later discovered that Kevin had a condition called hypertrophic cardiomyopathy.

He had experienced no symptoms of this condition, and according to the Centers for Disease Control, 5,000 youth between 15-34 years of age die each year from sudden cardiac arrest.

The KEVS Foundation, Inc. has made it their goal to educate and

protect teenagers and young adults from SCA.

The foundation also provides free cardiac screenings and provides AEDs to local communities in hopes of preventing another tragedy.

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# CHUBBY'S

keeps summer going all year long

BY MATTY ANDERSON  
Staff Writer  
manderson@turley.com

BELCHERTOWN – Chubby’s has gone through some changes over the years, most recently shifting ownership to a local family of entrepreneurs, Anthony Damato, Jennifer St. Peter and Ron St. Peter.

Previously owned by Chris Snow for close to a decade, the family-favorite restaurant changed hands as Snow turned his focus to his new food truck business.

“As soon as our 12 year old daughter saw Chubby’s was up for sale she asked us to buy it because she loves to cook and bake,” Damato said. “Our silly little conversation turned into a pretty serious one. We’re working hard to bring back a huge town staple, it’s so important to us because both me and my wife’s families are from Belchertown.”

The team of new owners will continue to offer all of the delicious menu items Chubby’s is known for, with a few creative additions of their own.

“We love Chubby’s, our goal is to keep the same feel and spirit alive, we may make some additions here and there but not necessarily changes,” Jennifer said.

Every month, the menu continues to grow, old favorites like salads and quesadillas have made a return with the addition of new recipes. Billy’s Coleslaw, the Junkyard Beans and the brand new Spicy Jack burger have received nothing but positive feedback.

There are now approximately 17 flavors of hard ice cream available, as well as soft serve and a seemingly endless variety of blizzards and other frozen treats.

“The Maine Blueberry is my personal favorite,” Damato said, adding that Black Cherry and Brownie Batter have received “nothing but good feedback.”

Employee Ashanti Hart said, “This is such a fun environment to work in, I love



Doria Rhodes and her grandson Charlie enjoying their evening at Chubby’s.

meeting new customers as well as seeing my regulars whenever they come in, my favorite ice cream is the Black Raspberry Cheesecake and for food I’d have to go with the Philly Cheesesteak.”

She added, “One of the many things that makes this place great is our drawing wall, kids really love it and it’s fun to see what they come up with.”

Customer Doria Rhodes, who was born and raised in Belchertown, described Chubby’s as “fabulous.”

“The atmosphere is so fun and friendly...it’s so important to support our local people and businesses,” she said.

Instead of closing for the winter, Chubby’s will now be open year-round, and takeout will be available weekdays at lunch time. Chubby’s is open from 11 a.m.-8 p.m., Sunday through Wednesday and 11 a.m.-9 p.m. on Thursday, Friday and Saturday.



Ron St. Peter, Anthony Damato and Jennifer St. Peter are the new owners of Chubby’s.



The one and only Chubby’s.

TURLEY PHOTOS BY MATTY ANDERSON



Employee, Ashanti Hart posing with the colorful menu that she wrote by hand.

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**STORIGAMI** from page 1

mation and symmetry. Both storytelling and origami are used to cultivate children's imagination and that's exactly what I hope to do," Dworkin said.

The first story that she shared with the children was "the mouse's wedding" which is a famous tale from Chinese folklore. The story was fun for the children because they were able to participate by lending their names to the story characters and singing their part "chu chu chu" when it was their cue.

Dworkin said, "'Chu' is what mice say in Japan, they say 'chu chu' instead of 'squeak squeak.'" The story followed a young mouse called Maeve, named after a young audience member who offered her name to our heroine.

Maeve the mouse went to her father asking for his blessing to marry her friend Cal, named after another young audience member who offered his name to our hero. Maeve's father said no, telling her she must marry the strongest man in the world because mice are weak.

Maeve and her father traveled the land in search of the strongest man in the world starting with the sun who referred them to the clouds who blocked his light. The cloud referred them to the wind who blows him away, the wind referred them to a house who protects its inhabitants from the wind's strength.

And finally, the house said, "I would love to accept your hand in marriage but I can't, for I'm not the strongest man in the world...The strongest man in the world is a mouse named Cal who is always chewing holes in my walls."

This was music to Maeve's ears, for Cal was the one she had wanted to marry in the first place. The next story that Dworkin shared was the Chinese Friendship song which she performed in English with the children, before singing the Chinese version to them.

She called the final story "Storigami" because it's an imaginative story of origami's creation. She used a piece of paper that took on many forms throughout the story, from a hat to a sailboat the paper served many functions throughout the story.

Dworkin also impressed the audience with some masterful mime skills such as imitating an invisible wall which mesmerized the children so much that she taught them how to make an invisible wall of their own. After the story portion, Dworkin taught the children how to make a few basic origami animals including a cat, dog and rabbit.

"When you grow up around video games, you ruin your imagination, you're too distracted with other people's imaginations. I want children to have strong imaginations, I hope to



Edan Reynolds and Zach Pelissier make origami dogs.

TURLEY PHOTOS BY MATTY ANDERSON

contribute to that and help their imaginations develop," Dworkin said.

She continued, "This one time I was reading to the children and this young boy asked me to read it again because he wanted to see the pictures again. The story didn't have pictures though, he was imagining them. I was really taken with that."

Jennifer Whitehead, head of Youth Services thanked the Friends of the Clapp Memorial Library for funding this event.

"I've had the pleasure of watching Motoko perform here in the past, she always does such a great job. It's important to expose our children to multi-cultural experiences," Whitehead said.

Dworkin's longtime friend and magician, Fran said, "Motoko is astounding, she's a force all her own. Not only is she a great storyteller, but she tells stories from many cultures and manages to reach every single audience member, young or old."



Maeve Meideiros, showing off her origami dog.



Motoko Dworkin is shown with Jennifer Whitehead and Eshu Bumpus.

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## OPINION



### Will WEP and GPO affect my wife's spousal benefit?

**Dear Rusty:** My wife worked for the U.S. Postal Service in New York for about 22 years and then in the private sector for about 15 years.

She began collecting her "deferred annuity" from the USPS at age 62 and she plans to collect her Social Security benefits at age 67, which is her Full Retirement Age.

Her Social Security benefit before the Windfall Elimination Provision is less than 50% of my Primary Insurance Amount, so the plan is for her to start collecting a "spousal" benefit from me at age 67. My question is: will my wife's spousal benefit be reduced by both the Windfall Elimination Provision and the Government Pension Offset?

*Signed: Inquiring Husband*

**Dear Inquiring Husband:** Your wife cannot separate her personally earned Social Security retirement benefit from her Social Security spousal entitlement from you whenever she applies for Social Security, your wife will be automatically deemed to be filing for all benefits she is entitled to when she claims.

Because your wife has a "non-covered pension" from the U.S. Postal Service and assuming that pension is under the older Civil Service Retirement System, your wife's personally earned SS retirement benefit will be reduced by the Windfall Elimination Provision.

WEP reduces Social Security retirement benefits for anyone who also has a pension earned while not contributing to Social Security.

The Government Pension Offset is different: the GPO will affect any additional amount your wife is entitled to as your spouse, which we refer to as her "spousal boost." The "spousal boost" amount is the difference between your wife's pre-WEP FRA entitlement and 50% of your FRA entitlement, which is your Primary Insurance Amount. Because of her USPS pension, GPO will reduce your wife's "spousal boost" by 2/3rds of the amount of her non-covered pension, which may eliminate her potential spousal boost.

So WEP will affect your wife's personally earned SS benefit and the GPO will affect her spousal entitlement from you. But, depending on the amount of her USPS pension, your wife will not be entitled to an additional amount as your spouse if 2/3rds of her USPS pension amount is more than her "spousal boost" amount. If the GPO doesn't completely eliminate your wife's spousal boost, it will at least drastically reduce it.

I have previously published several articles about both WEP and GPO and how each provision works, which you are welcome to review by visiting the AMAC Foundation's special Social Security website at [www.SocialSecurityReport.org](http://www.SocialSecurityReport.org). In particular, one such article providing more detail on how the GPO works can be found by visiting this link [www.socialsecurityreport.org/ask-rusty-government-pension-offset-gpo/](http://www.socialsecurityreport.org/ask-rusty-government-pension-offset-gpo/).

Social Security will make the final determination about your wife's benefit entitlement under WEP and GPO when she applies for her Social Security benefits, but I'm afraid your wife's entitlement may be much less than you are anticipating because of these two provisions. If you have additional questions, please feel free to email us directly at [SSAdvisor@amacfoundation.org](mailto:SSAdvisor@amacfoundation.org) or call 1-888-750-2622.

*The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

*Russell Gloor is a Social Security advisor for AMAC.*



**READING  
NEWSPAPERS  
IS A QUEST  
LIKE NO OTHER**



### Get out of the garden with a few good books

The saying goes like this: "If you can't handle the heat, stay out of the kitchen!"

I'd like to switch it up to say "garden" in place of "kitchen" in light of the fact that I really can't handle the summer heat as well as I used to. These last few weeks, gardening has been accomplished early in the day or during the evening hours instead of midday.

What does a gardening fanatic do if they aren't actually gardening? Read about gardening, of course!

Call me old-fashioned, but I still prefer books over online text. I like to see and hold my books, curl the pages and even write in the margins.

Sometimes, just for fun, I'll pick a book and flip the pages to see where my finger will land. What interesting topic will I read about?

Today I'll choose three books and end up with the topics for today's column that way. Maybe we can all learn something new or at least refresh our skills.

The first pick is from one of my favorite herb books, "Herbs in Bloom" by Jo Ann Gardner (Timber Press). I flip the pages and end up on Feverfew (Tanacetum parthenium).

Timely, because Feverfew is blooming in my yard right now.

Feverfew is from the Latin word febrifuge thanks to its past use as a fever reducer. Both its single and its double form (Flora pleno) lend themselves to admission into the perennial border; often they bloom the first year from seed.

The plants thrive in both light shade and full sun, with the single flower type resowing itself to almost nuisance status if given the opportunity. The flowering span seems to go on and on, the white daisy flowers lending themselves to use in the vase alongside bee balm, summer phlox, veronicas and more.

I especially like the double flowers, and had great luck drying them, their off-white color the perfect addition to a wreath of hydrangea and dried roses.

Second year plants will return with some winter-kill that will need addressing. After blooming plants will likely not return for year three.

Still, feverfew is a must have for those of us who love herbs in the flower garden. Keep volunteers at bay by deadheading all but a few of the flowers.

The second pick is ironic, considering the rain we've been getting.

On page 138 of "Secrets to Great Soil" by Elizabeth P. Stell (Storey Books), we learn about improving soggy or poorly drained soils, first by mentioning the use of raised beds.

My stone edged raised beds that usually demand a daily watering in the summer heat are handling all the rain in stride. Unlike the corner of my vegetable garden that was literally under water after the 3.5" we received on Friday.

In addition to that mention on raised beds, a number of perennials are cited as thriving in moist soil. You'd be surprised to learn that Astilbe (Astilbe spp.) falls into this category, as do the more familiar native wetland plants: Joe-Pye Weed (Eupatorium maculatum), Cardinal Flower (Lobelia cardinalis) and its cousin Great Blue Lobelia (L. siphilitica), the three of which bloom later in the summer.

Candalabra primrose (Primula japonica) was also mentioned. I have purchased this plant two years in a row and it never thrives; now I know the reason: it needs moister soil.

The plants growing under the tree canopy at Positively Perennials are a sight worthy of mention in mid-May when they are in full multi-tiered bloom. Next year, check it out!

We seem to be on a flower theme, so let's see what "The Flower Gardener's Bible" by Lewis and Nancy Hill (Storey Books) has in store. Alas, pick three does not disappoint.

I landed on a page devoted to both the native Coneflowers (Echinacea species) and the Globe Thistles (Echinops species). Right now, my new border, devoted to our pollinators, is striking with Purple Coneflower as one of the stars.

This plant too, has seemed to enjoy the rain, gaining some height after the shock of being divided and replanted early in May. If you leave the spent flowers in place, self-sown seedlings will emerge next spring, begging to be moved about the landscape or shared with friends and family.

Like Feverfew, from our first pick, Echinacea has history as a healing plant and continues to be used today for immune support.

Globe Thistle, with its steel blue globes and deeply cut, silver gray foliage, as stiff as it is, also deserves a place in the garden. It is a true bee magnet!

Stems can be harvested as everlasting once flowers color up but before the individual florets, aka "pickers" on each plant open. Clip and dry them upside down for use in wreaths and arrangements.

Well, it's been fun escaping the heat with you! Read any good books lately?

*Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to [pouimette@turley.com](mailto:pouimette@turley.com) with "Gardening Question" in the subject line.*

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## SENTINEL TEAM

EDITORIAL  
[sentinel@turley.com](mailto:sentinel@turley.com)



EDITOR  
Christal Whelan  
[cwhelan@turley.com](mailto:cwhelan@turley.com)



ADVERTISING SALES  
Maureen McGarrett Hall  
[mmcgarrett@turley.com](mailto:mmcgarrett@turley.com)



SPORTS EDITOR  
Greg Scibelli  
[sports@turley.com](mailto:sports@turley.com)



STAFF WRITER  
Matty Anderson  
[manderson@turley.com](mailto:manderson@turley.com)

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PATRICK H. TURLEY  
CEO

KEITH TURLEY  
President

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Graphics Manager

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**in my  
BACKYARD**

By Ellenor Downer



Juvenile red-tailed hawk

Several people spotted a juvenile red-tailed hawk by Coldbrook Road in Oakham last week.

People who saw the bird hoped its parents were nearby and would take care of it. That did not happen.

When no parent appeared by the next day, the bird was brought to a wildlife rehabilitator.

The red-tailed hawk is the most commonly seen hawk in this area. It is about 19 inches long and it gets its name from its reddish upper tail.

It also has a white chest

with a belly band and markings on the chest. Plumage varies considerably.

The immature has a finely, banded gray-brown tail and keeps this plumage for one year.

The female lays one to five bluish white eggs with dark marks in a platform of sticks lined with bark and greens in a tree. The nest can be 15 to 120 feet high.

They often are seen perched in a tree by a field. They make a slurred scream like “tseeaarr” often directed at an intruder.

Fledglings and adults also make a “klooeek” sound. During courtship or territorial encounters, they make a piercing “chwirk.”

**Bird talk**

On July 7, I spoke about birds at the Oakham Senior Center.

Ava, age 7, won the door prize of a “Squirrel Slammer” feeder. She came to the event with her great-aunt, who also took the photo of the young red-tailed hawk in this column.

She related the story of its rescue since it appeared to be abandoned.

One Oakham woman attending the talk said a robin nested near the house. She and her husband could watch it from their home.

One day, they saw the mother shove all her babies out of the nest.

**Wild turkeys**

Recently, I saw a turkey dust bathing along the side of the road. An Oakham resident had one doing the same thing in her yard.

At first, she was concerned it was injured, but it did get

up and leave.

Several people reported wild turkeys in their yard with youngsters. I saw one group on someone lawn recently; the poultts looked adorable.

**Loons**

Most loon pairs hatch their young the first two weeks of July. Both Wachusett Reservoir and Quabbin Reservoir have nesting loons.

Floating nests not only provide suitable nesting sites, but they also rise and fall with the water level. This is especially important this year with all the heavy rain in preventing flooding of the nests.

**Massachusetts Audubon Society sighting**

In Berkshire County, sightings reported to Massachusetts Audubon Society included a northern goshawk and two hooded warblers in Great Barrington and a single hooded warbler at the Hopkins Memorial Forest in Williamstown. Other sightings were a least bittern at Richmond Marsh and merlins in Pittsfield and Lenox.

In Worcester County, sightings included a Brewster’s warbler in Harvard, two black vultures soaring near the Hardwick Winery and five evening grosbeaks.

It is good to hear there are evening grosbeak sightings as many of the people at the bird talk at the Oakham Senior Center said they had not seen evening grosbeaks in some time.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

**CLOSED** from page 1

decay and hazard... We need to address it and we need to fix it.”

Selectboard Chair Ed Boscher said the matter of funding the roof replacement was not on the agenda and therefore couldn’t be discussed.

“This is a larger issue, unfortunately we can’t tackle it tonight,” he said.

In March, Belchertown Family Center Committee Co-Chairs Courtney Pucel and Natasha Martin came before the board to discuss budget requests.

“The building itself is in disrepair. It’s quite literally falling us,” Pucel said at the meeting in March. “It needs a new roof, a new boiler, which is original to the building.”

Pucel cited multiple examples of issues in the building, including the roof leaking when it rains or snows, mice as well as others.

“We know this is going to take a lot of money to repair the building,” she said. “What we are looking for right now is to just preserve where we are and maintain.”

She said the volunteers work to keep the building clean, as it does not have a custodian.

The committee also asked for funding to improve seating in the building.

Following a medical incident with the previous director, the building closed, which prompted the town to look at it, former Town Administrator Gary Brougham said.

“The building was never built according to standard building methods. It has low ceilings, small plumbing fixtures – it was designed to be a daycare center,” he said. “The roof has been a perpetual problem; it’s been patched and patched and patched.”

At the time, Williams said a \$100,000 allocation was proposed in the capital budget to replace the building membrane and believed the conversation about the building needed to happen soon.

## Davis Bates to perform at Clapp library Aug. 2

BELCHERTOWN – On Wednesday, Aug. 2, at 6 p.m. the Clapp Memorial Library will be presenting a performance for children and families by award winning performer Davis Bates. Entitled “Raising Our Voices”, the program will include songs and stories about empowerment and the imagination from a variety of cultural traditions. Hear about a brave parrot, how coyote got his howl and be prepared to sing and move.

The program will include plenty of sing-alongs, as well as a short lesson in

how to play the spoons, and an appearance by an Irish dancing wooden dog named Bingo.

Bates has been telling stories for over 44 years, in schools, libraries, colleges and community settings around New England and across the country. His recording of Family Stories won a Parent’s Choice Gold Award and was named one of the year’s best Audio Recordings by Booklist Magazine.

Bates has also served as director and consultant for several local and regional

oral history and folk arts projects. Bates lives in the village of Shelburne Falls.

When Bates isn’t collecting or learning songs and stories, he spends his time working with the Hampshire College Alumni Action Group and gardening and working on pollinator plantings on the Hampshire campus and at home.

For more information call 413-323-0417. This performance is funded, in part, by a grant from the Belchertown Cultural Council, a local agency supported by the Massachusetts Cultural Council.

**LIBRARY** from page 3

event of rain, at the Swift River School Pavilion. Funded by the Belchertown Cultural Council.

*What “YA” readin’” book group 7 p.m. Aug. 3*

The library’s What “YA” readin’?” book club (a book club for adults who read young adult books) will discuss “Long Way Down” by Jason Reynolds. Copies of the book are available for checkout at the library, and new members are welcome. This month, attendees can choose between reading the book, the graphic novel version, or both.

*Ukulele play along (virtual) 7 p.m. Aug. 7*

Strum along with Julie Stepanek at the

Ukulele Play Along on the first Monday every month. Grab your ukulele and play along – because playing your ukulele is more fun when you do it with others. We’ll be focusing on three and four-chord songs with lyrics and chords provided on-screen. Participants will be muted, so don’t worry about how you sound. To join, email clapplibrary.org for the Zoom link and songs for the program. Don’t have a ukulele? You can borrow one from the library.

*Concert with Ann Marie & Pop 6 p.m. Aug. 9*

Singing, dancing and fun for all ages at the library with Ann Marie Messbauer and Jacques “Pop” Hooten. The program will be on the library front lawn or, in the event of rain, in the Town Hall auditorium.

*Free teen book hour 5-6 p.m. Aug. 11*

Celebrate the end of the Teen Summer Reading Program by picking out a free teen book to keep. A table with bins of books will be set up outside the side door of the library during this hour for teens to pick a new favorite.

*Drive by book drop off 9 a.m. to noon Aug. 12*

The Friends of the Clapp Memorial Library is collecting donations for their fall book sale. Clearing your shelves? Have boxes of books that need a home? Load your car up and drive up. Volunteers will be on hand to unload any book donations. Event is rain or shine.

For more about the library and upcoming events, go to clapplibrary.org.

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**EDUCATION**

# Belchertown High School fourth quarter honor roll

BELCHERTOWN— These students were named to the Belchertown High School fourth quarter honor roll:

**Grade 12 High Honors**

Zackary Aktiv, Ty Bogdanovich, Lindsey Chrabaszcz, Olivia Condon, Lauren Cooper, Sierra Criostomo, Cameron Dean, John DiNapoli, Peter Elias, Brianna Gladu, Janelle Gummesson, Brianna Hauschild, Heather Herrick, Daniel Holden, Chloe Jenks, Andrew Knapp, Despina Kofides, Isabella LaFlamme, Alannah Lavoie, Matthew MacKenzie, Caitlin Masse, Tyler McDonald, Abigail Menard, Grace Menard, Demosthenis Nikitas, Olivia O'Connell, Abigail Olden, Aayush Patel, Emma Piedade, Kayla Pogoda, AJ Terry, Nathan White, and Marie Willems.

**Grade 12 Honors**

Brandon Adamson, Trevor Adamson, Nicholas Adzima, Brianna Albert, Macie Bolton, Ashton Clark, Ashley Cunningham, James Delaney, Amber Drummond, Brody Dugger, Eileen Fraga, Luke Gariepy, Richard Groux, Alexander Hoag, Kaden Houle, Oliver Howe, Madeline Jaszek, Filip Lasiuk, Joseph Mankowsky, Callan Martin, Lauren Morris, Jacob Murch, Allison Pefaur, Brady Perkins, Hannah Perlak, Hannah Quesenberry, Matthew Ryczek, Natalie Shaw, Forrest Sherson, Hailey Smith, Aiden Torna, Nathan Wheeler, and Michelle Zaluga.

**Grade 11 High Honors**

Sophia Aparviz, Jacob Avgoustakis, Caleb Brechner, Emalee Chaisson, Madison DaCosta, Avi Duseau, Alexander Frost, Kasey Gibbons, Luke Giguere, Derek Gould, Joshua Grillo, Ashanti Hart, Rainer Kristensen, Olivia Lafayette, Bethany Lavoie, Chloe Macaluso, Paige Wagner, Brielle Murray, Diyath Navaratne, Anna O'Rourke, Kaitlyn Park, Zoe Patten, Priscilla Pootoolal, Chelsie Rosado-Cuoco, Camden Skaggs, Victoria Sullivan, Sage Table, Megan Watts, Trevor Weiss, Maggie Williams, and Lucas Wojnas.

**Grade 11 Honors**

Conner Andrews, Tadan Baker, Natalie Bianco, Remy Blazejowski, Rubi Breton, Brooke Burrows, Matthew Colwell, Olivia Corbin, Laura Cote, Jackson Couchon, Andrew Daponde, Michaela Dubey, Ayden Fasser, Nathan Fernandes, Ellie Gelinis, Sarah Hiersche, Jordyn Hunter, Ava Kopec, Madysen LePage, Mattingly Marques, Thomas Marshall, Braeden Meighan, Gavin Messier, Dax Morin, Sarah O'Connor, Calahan Orzech, Caleb Perron, Joe-Ann Richard, Karyna Rondeau, Emily Roy, Keira

Ryan, Christina Santiago, Jillian Scott, Ava Shea, Ciara Smith, Nico St. George, Anna Stamp, Brooke Stelmokas, Samuel Sullivan-Daley, Ori Sussman, Cameron Ting, and Braelyn Tucker.

**Grade 10 High Honors**

Alexia Albu, Alexandra Barabolkin, Jack Bergeron, Meera Berryhill, Tyler Black, Liam Chien, Kaia Couture, Julianne Cozine, Levi Daigle, Lilah Dean, Jillian DeBarge, Veronica Dymkowski, Aliza Hayward, Lucia Hellyar, Dylan Laramée, Chloe LaRoche, Nicholas LaRock, Benjamin Les, Noah Les, Jack Mandeville, Rocco Meausky, Allison Morris, Zachary Mullen, Gianna Picardi, Nicholas Rettura, Varvara Sas, Liam Spraggon, Addison Sullivan, Jack Sullivan, Brycen Vann, and Joseph Yoon.

**Grade 10 Honors**

David Akodu, Dominic Allen, Russell Annis, Luke Bergeron, McKenna Cardwell, Samantha Causeway, Esat Cayan, Fallon Clancy, Adam Cooper, Mia Corish, Alaina Cote, Zachary Dragon, Kyle Dunigan, Raelyn Ermold, Isabel Faustino, Kaley Fletcher, Caleb Gloster, Trent Harper, Aubrey Harrington, Kamden Houle, Brady Jolly, Jada Kelley, Zachery Kessler, Madelyn Lorion, Chloe Moss, Colin Mullen, Ty O'Donnell, Kanyinsola Okuwobi, Hannah Racine, Brianna Ribeiro, Alexis Romaniak, Margaret Ryczek, Mikayla Valley, Pierre Willems, Valerie Williams, and Owen Wojtczak.

**Grade 9 High Honors**

Olivia Bailey, Mackenzy Bowers, Mackenzie Burch, Lila Goodrich, Ryan Gould, Kaicey Jacques, Nikki Kofides, Clara Lambert, Miles McNamara, Brandon O'Connor, Aleksandra Randall, Destiny Ranzie, Camryn Scoon, Sam Smolinski, and Ryan Volz-Benoit.

**Grade 9 Honors**

Abigail Almeida, Emma Almeida, Edith Audette, Bryannah Auger, Rachel Baltazar, Jaden Bean, Tyler Burrows, Lily Carr, Sofia Cofone, Chase Connor, Mya Couse, Chloe DaCosta, Abigail Deren, Logan Duke, Oliver Eyer-Pelletier, Nathan Fink, Jenna Fletcher, Madison Fontaine, Jake Gormely, Mason Gualberto, Graham Guardenfield, Cooper Hampson, Jillian Harper, Julia Howes, Jordan Kalish, Alexa Karabetsos, Brooklyn Keeler, Alexis Kessler, Anastasia Kofides, Ethan Lamore, Collin Laragy, Alex Longridge, Morgan Marshall, Isabel Moreau, Michael Murray, Mya Philpott, Austin Raymer, Gia Ronkese, Liam Sherwood, Kiera Struzziero, and Paityn Zina.

# Fourth Quarter Honor Roll for Granby Jr Sr High School

GRANBY— Granby Jr. Sr. High School announces Honor Roll for the fourth quarter of the school year:

**7th Grade Maximum Honors** – Lauren Barlow, Gianna Capone, Noah Chambers, Ralph El Aouji, Sophia Labonte, Emma Murphy, Kaelyn Slapski, Richard Sweet, and Isabella Tetreault.

**7th Grade High Honors** – Vitaly Gavel, Wyatt Kennedy, Abigail LaDuke, and Anthony Misiaszek.

**7th Grade Honors** – Logan Carmody, Makayla Dennis, Nathaniel Gomez, Adrien Harrington, Gabriel Helbok, Analise Huertas, Madison Scheinost, Colin Sicard, Kaileena Smith, Jacob Weglarz

**8th Grade Maximum Honors** – Meredith Bartosz, Lyla Bergeron, Madison Boyington, Daniel Brown, Sydney Chateaneuf, Tessa Healey, Madelyn LaPointe, Brenna Moreno, Lauren Piercey, Lydia Pike, Jaidyn Roberge, Ania Scott, Kirra Trudell, and Kalli White.

**8th Grade Honors** – Maeve Lawler, Audrey Pleisch, Eleanor Szlosek, Mckenna Zumbruski

**8th Grade Honors** – Logan Campbell, Summer Daudelin, Parker Dufresne, Kyrsten Gaj, Morgan Justin, Rowen Silva, and Autumn Swistak.

**9th Grade Maximum Honors** – Emma Beaulieu, Kaitlyn Curran, Braeden Gallagher, Braydon LaDuke, and Mylin Laliberte.

**9th Grade High Honors** - Danielys Carrion Huertas, Lea Charest, Gracie Levreault, Allison Maslak, Julia Ricardi, and Stephen Szlosek.

**9th Grade Honors** – Quinn Fuller, Brodie Funk, Jake Gagnon, Durant Garden,

Daniel Hackett, Maxwell Kennedy, Ava-Elizabeth Loughman, Keith Patterson, Faith Ramos, Anthony Santiago, and Blake Swett.

**10th Grade Maximum Honors** – Nathan Benson, Cassandra Flaherty, Cole Fuller, Gavin Kennedy, Alexis Lapite, Cheyenne Laramée, Cameron LeBlanc, Olah Roller, Ava Saunders, Austin Smith, and Molly Zumbruski.

**10th Grade High Honors** - Jena Abbott, Sawyer Clarke, Bear Lacharite, Justin Merced, Gavin Moreno, Addison Prignano, and Stewart Szlosek.

**10th Grade Honors** – Aiden Beach, Quinlin Cook, John Crawford, Riley Goodhind, Shaylin Hauschild, Tristan Moe, Jaedyn Pike, Jaxton Roy, and Autumn Sicard.

**11th Grade Maximum** - Ciara Charest, Peyton Justin, Cindy Kusumo, and Corey Rondeau.

**11th Grade High Honors** – Zachary Auclair, Nicolas Grandmont, Jessica Holubowich, David Silchuk, and Phillip Silchuk.

**11th Grade Honors** – Chloe Castro, Rhea Gagnon, Sara Lessard, Neil Lindberg, Noel Summerlin, and Emily Tremblay.

**12th Grade Maximum** – Michael Arabik, Markus Baran, Eva Bartosz, Madyson Gaj, Emma Hall, Brady Pete, Katherine Vallee, and Robert Walsh.

**12th Grade High Honors** - Samuel Braese, Rebecca Gavel, Haven Guerard, Olivia Hauschild, Robert L'Abbee, Victoria Quinlan, and Carter White.

**12th Grade Honors** - Patrick French, Griffin Funk, Alexander Galusha, Jack Hartling, and Max Lempke.

# CAMPUS NOTES

**Western New England University**

The following local students graduated from WNEU during a commencement ceremony held on May 20 in the Anthony S. Caprio Alumni Healthful Living Center:

Jasmine Marie Rodrigues-Jones of Granby, who graduated Summa Cum Laude with a BSE in Mechanical Engineering.

Jonathan L. Couture of Granby, who graduated Summa Cum Laude with a BSE in Civil Engineering.

Danielle Hamel of Granby, who graduated Cum Laude with a BS in Secondary Education/Biology. Hamel also graduated with a minor in Chemistry.

Sarah Ann Scott of Granby, who graduated Summa Cum Laude with a BS in Health Sciences. Scott also graduated with a double minor in Chemistry and Psychology.

Ethan E. King of Granby, who graduated with a Doctor of Pharmacy.

Robert K. Scott III of Granby, who graduated with a MSE in Mechanical Engineering/Acoustic Processing.

Yugank Sharma of Granby, who graduated with a MBA in General Business.

The keynote speaker Jon Clifton, CEO of Gallup, a global analytics and advice firm, talked about the power of being unique. "You owe it to the world to discover what makes you uniquely great-and never stop developing those strengths."

**Bryant University**

The following local student were named to the Dean's List at Bryant University for the 2023 spring semester:

Megan Lempke of Granby, Oliver Mercier of Granby and Eric Tarpinian-Jachym of Granby.

To earn a place on the Dean's List, students must have a GPA of 3.4 or better for at least 12 semester hours of work.

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**POLICE LOGS**

**Belchertown**

*Editor's note: The following are brief explanations of select entries in the Belchertown Police log and arrests for the weeks of July 12 through July 18. The information was provided by a member of the police department based on the review of the detailed log summary. This feature is designed to provide context and explanation to some of the calls police respond to every day. Of the 301 calls police responded to, there were 12 incidents, five accidents, two arrests/summons and 10 citations.*

**ARRESTS/SUMMONS**  
**Sunday, July 16**

12:45 a.m. – Sjana Pobiegló, 39, of 32 Warren Wright Road, was arrested on charges of operating under the influence of alcohol. Belchertown dispatch received a call about a vehicle found in a ditch. A man and woman were outside of a pickup talking and two other vehicles were pulled over. All three were facing eastbound. The officer spoke with the driver who said she reversed out of driveway too quickly and went into a ditch. The person called AAA and was waiting for their vehicle to be towed. The driver had bloodshot, glassy eyes. The person was swaying in an inconsistent way that showed they were trying to stay balanced. Due to the results of a sobriety test, the person was believed to be under the influence of alcohol. The person was arrested. During an inventory of the vehi-

cle, a box of alcohol beverages was found with one can missing.

**ACCIDENTS/INCIDENTS**  
**Wednesday, July 12**

11:11 a.m. – Officers responded to a report of property damage. Three mailboxes were damaged. Paint was found on the mailboxes consistent with one vehicle. There are no suspects at this time.

4:50 p.m. – Officers responded to an accident on North Liberty Street. A vehicle was taking a left turn into a driveway when another vehicle attempted to pass the vehicle, sideswiping the first. The operator of the second vehicle said they thought the first vehicle was going to turn right instead of left. No injuries were reported, and no tows were necessary.

8:36 p.m. – An officer took a report of larceny. A Daniel Shays Highway resident reported two chainsaws were missing and believed they were stolen. They were unsecured in the bed of the pickup truck. The person said they were unsure when they would have been taken. The resident had documentation of the serial numbers and wanted the situations documented.

**Thursday, July 13**

10:07 a.m. – An officer responded to an accident on Federal Street. A vehicle traveling south on Federal Street had the right of way and no stop sign. A vehicle stopped at the stop sign on North Street and Federal Street proceeded into traffic, striking the first vehicle on the driver's side. There were no injuries

reported and no tows were necessary.

**Friday, July 12**

1 p.m. – Officers responded to assist Belchertown fire and paramedics.

4 p.m. – An officer took a report of fraud. A person applying for the mortgage was told they had debt for another company for an account they never opened. They were aware and were going to investigate further. The account was opened in Alabama. The person was advised to contact the credit bureau to freeze their accounts.

9:27 p.m. – Officers responded to assist Belchertown fire and paramedics.

**Saturday, July 15**

9:06 a.m. – An officer responded to High Bluff Road to assist Belchertown animal control with an injured fox. The fox had gone into a house that was under construction. The fox was severely injured, and the Animal Control Officer requested they were euthanized.

4:35 p.m. – An officer responded to State Street for a report of pieces of stone wall removed and on the ground. There were photos taken. The area was checked and there was no evidence of other kind of damage. There's no other information available at this time.

**Monday, July 17**

5:26 p.m. – Officers responded to assist Belchertown fire and paramedics.

**Tuesday, July 18**

1:16 p.m. – An officer responded to a Bay Road residence for report of breaking and entering overnight. The vehicle was unlocked, and items were found tampered with inside of the vehicle, but nothing was missing. There were three other vehicles that were broken into. Each had the registration out of the glovebox. The matter is under investigation.

5:44 p.m. – An officer responded to a North Main Street resident for a report of a disturbance. Over the phone, a person could be heard making a reference to hitting someone. The phone line disconnected, and no other information was provided. On scene, the officer reported hearing a loud female voice that said no several times. The officer identified everyone on scene. The officer found it was an argument between two people about a past relationship. Peace was restored and a report was filed because children were present.

Officers responded and determined it was a verbal argument only.

10:48 p.m. – A motorist reported a two-car accident. Granby Police and Fire responded. There were no injuries and responding officers completed an accident report.

**Monday, July 17**

8:34 a.m. – A motorist reported that a car struck a tree. Granby Police and Fire responded. The operator and a passenger were transported to the hospital with minor injuries. The responding officer completed an accident report.

2:41 p.m. – A resident reported that someone hacked into their Verizon account. An incident report was completed.

**Tuesday, July 18**

3:51 p.m. – A motorist reported that a car struck a tree. Granby Police and Fire responded. Two passengers were transported to the hospital with minor injuries.

**Thursday, July 20**

1:34 p.m. – Several motorists reported an accident involving a car and a motorcycle. It was reported that the car had overturned. Granby Police and Fire responded. The operator of the motorcycle was transported to the hospital with serious injuries. Responding officers completed an accident report.

3:32 p.m. – A resident reported discovering that their utility trailer was stolen. An officer responded and completed an incident report.

**Granby**

*Editor's Note: The Granby Police Department responded to 218 calls for the week of July 14 through July 20. Those arrested are presumed innocent until proven guilty in a court of law. The Granby Police Department provides all information.*

**Saturday, July 15**

5:25 p.m. – A caller reported that two people were arguing in the parking lot of CVS Pharmacy.

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**OBITUARY**

**Death Notice**

**Kozowski, Walter M.**  
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Services are private

*The Sentinel*  
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Turley Publications offers two types of obituaries.

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*Exceptions will be made only when the family provides a death certificate and must be pre-paid.*

**Walter M. Kozlowski** 

1948 - 2023

BELCHERTOWN – Walter M. Kozlowski passed away July 13th 2023 at home with his adoring wife by his side. He lived in Belchertown MA for the past 34 years. Born to Edward and Helen Kozlowski on July 17, 1948, he grew up in Easthampton MA. Walt's strong work ethic started in his youth, picking tobacco and apples and doing heavy maintenance in local factories. He served in the Army National Guard for 6 years. He earned his BS in Electrical Engineering and MS in Engineering Management from Western New England College and worked as a research engineer in the Radio Astronomy Department at UMASS (9 years) and as a manufacturing engineer at Milton Bradley/Hasbro (28 years).

Walt loved cooking and baking, especially for family gatherings, vegetable gardening, fishing, composing and transcribing music, and playing his accordion. Walt and Pam were a team, doing everything together: dancing, singing, bicycling, downhill skiing, hiking, kayaking, snowshoeing, taking walks, playing tennis, doing yoga and riding his motorcycle in search of ice cream! Together, they designed, built and enjoyed three homes throughout the years. His favorite being their cottage in Cape Breton where they enjoyed outdoor adventures and the local Celtic music scene.

Walt is survived by his loving wife Pamela, his sons Michael (and wife Susie) of FL and Matthew (and wife Dawn) of NC, his grandchildren Michelle, Christian, Katherine, Matthew and Benjamin, his sisters Carol Johnson and Barbara Kozlowski of SC, his sister-in-law Martha White (and husband Jerrold) of FL and his niece and nephews and their families.

Walt will be remembered for his quick wit, easy smile and hearty laugh. Throughout his life, Walt persevered and adapted, especially during his long illness. Walt's journey with Multiple System Atrophy ravaged his body, but not his spirit. A special thanks to the Cooley Dickinson palliative care team, VNA and hospice for supporting his desire to live at home. Walt's last earthly gift, donating his brain through the Brain Support Network to the Mayo Clinic, in the hope that others will not suffer from this rare disease. In Walt's memory, please consider a donation to VNA & Hospice of Cooley Dickinson, P.O. Box 329, Northampton, MA 01061-0329 ([giving.vnaandhospice.org](http://giving.vnaandhospice.org)) or Brain Support Network, PO Box 7264, Menlo Park, CA 94026 ([www.brainsupportnetwork.org](http://www.brainsupportnetwork.org)). Services will be private with the Barry J. Farrell Funeral Home in Holyoke assisting the family.

**The heat is on: How to protect yourself and others**

**Don't leave your kids or pets in a hot car**

SPRINGFIELD – Who doesn't like a bright, sunny day to enjoy at the beach or just while out and about during the summer months?

While it may be OK for you, for others the heat can put their health at risk, according to experts at Baystate Health.

Extreme heat can cause people to suffer from heat-related illness, and even death - each year in the United States more than 700 people, both adults and children, die from the heat.

People suffer heat-related illness when their bodies are unable to properly cool themselves. Older adults, young children, and people with chronic medical conditions are at high risk for heat-related illness and death.

According to Dr. Seth Gemme, FACEP, vice chair, Clinical Operations for Emergency Medicine at Baystate Health, extreme heat affects the body's ability to safely regulate its temperature, often resulting in heat-related illnesses such as heat exhaustion, heat stroke, or heat cramps.

Sweating is the body's natural defense to cooling itself. However, when humidity is high, sweat does not evaporate as quickly, preventing the body from releasing heat quickly and resulting in a rapid rise of body temperature.

However, you can stay cool and safe this summer by observing some important tips to keep you healthy and prevent heat-related illnesses:

**Who is at risk**

"Those at greatest risk for developing a heat-related illness are children under 5 and people 65 years of age and older, who have the least ability to regulate their body temperatures, as well as those who work outdoors for a living," Gemme said.

Overweight people and others with chronic illnesses such as heart disease or high blood pressure, as well as those on certain medications, are also at high risk.

**Tips for keeping cool**

As with many illnesses, the best defense is prevention, consider the following tips to keep you safe in the high heat:

Stay out of the heat. Avoid direct sunlight and strenuous activity outdoors. If possible, remain indoors. If you do not have air conditioning, consider visiting a location that does, such as a movie theater.

Dress for the weather. Wear lightweight, light-colored, loose-fitting clothing and a broad-brimmed hat when outdoors. Stay away from polyester in favor of cotton and linens which are better at repelling the sun's heat. Also, consider wearing sunglasses and putting on sunscreen with an SPF 15 or greater.

Drink plenty of liquids and begin drinking before you go outside; If exercising, drink one quart of liquid an hour to replace lost fluid. Avoid caffeinated beverages and alcohol which can contribute to the loss of more body fluid. Also, if taking water pills or on a fluid restrictive diet, consult with your physician before increasing your liquid intake.

Take it slow and easy with athletic activity and working outdoors. Postpone athletic activity during high heat and humidity. Limit outdoor activities to the morning and evening. Drinking sports beverages can replace lost salt and minerals when you sweat.

However, those on low-salt diets should



Seth Gemme



Karin Johnson

check with their doctor before drinking sports beverages. If you work outdoors, in addition to drinking plenty of liquids and dressing appropriately, pace yourself and take frequent short breaks in the shade.

Eat smaller meals. Instead of the usual rule of eating three square meals a day, eat smaller meals more frequently on days when the sun turns up the heat. Also, avoid high-protein foods which can increase metabolic heat.

Take a cool shower or bath to cool down.

**Warning signs**

Warning signs of an oncoming heat-related illness could include excessive sweating, leg cramps, flushed skin, nausea and vomiting, dizziness, headache and rapid pulse. If these occur, get out of the heat and drink liquids. If you don't feel better soon, Gemme recommends calling your doctor or visiting your local emergency department because heat stroke can cause death or permanent disability and cause damage to the brain and other vital organs.

Warning signs of heat stroke can vary, but may include the following: body temperature of 103 degrees or higher, dizziness, throbbing headache, nausea, confusion, a rapid, strong pulse, and in extremely critical cases, unconsciousness.

"Since the elderly are at greater risk from the ill-effects of the heat, make it a habit to check on elderly relatives and neighbors several times a day to make sure they are safe and free from any signs of heat exhaustion or heat stroke," Gemme said.

**Kids, pets in hot cars**

Gemme also reminds parents and caregivers that hot weather and vehicles can be a deadly combination for kids - about 950 children since 1990 died from heat stroke in hot cars when left alone, most unknowingly left behind. And, according to the National Safety Council, on average 38 children under the age of 15 die each year after being left in a hot vehicle.

Likewise, don't leave pets in vehicles.

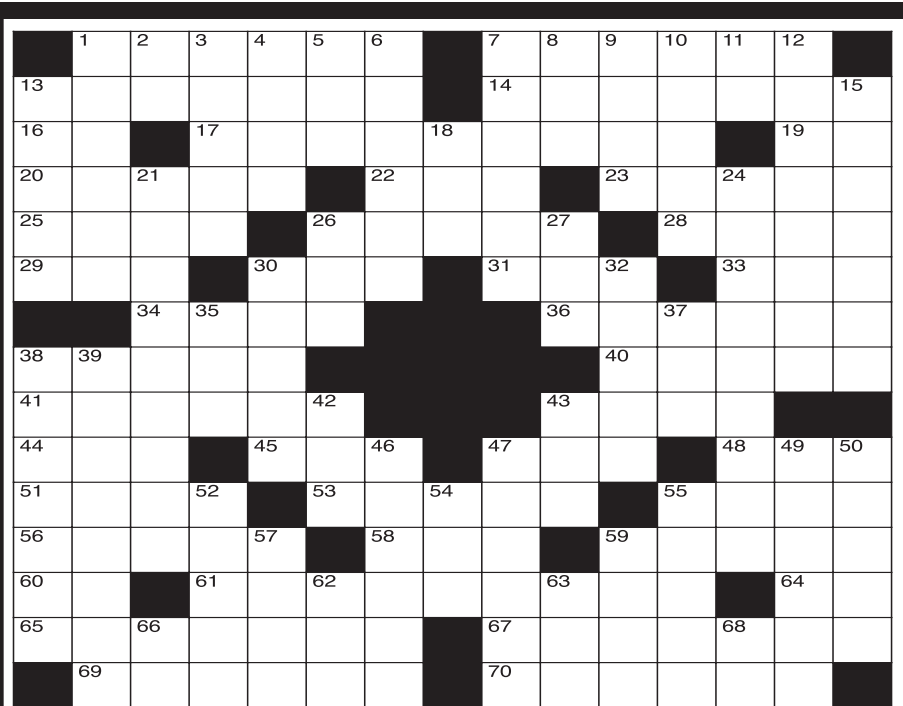
Kids and Cars, a nonprofit focused on improving child safety around cars, suggests in a "Look Before You Lock" flier to place an item in the back seat that you will need to get before starting your day such as a laptop, handbag, phone, employee badge and more; keep vehicles locked at all times so young ones can't sneak in unknown to you; and teach kids to honk the horn if they become stuck inside a car.

More tips are available at [kidsandcars.org](http://kidsandcars.org).

**Sleeping in the heat**

"Even for those who do not suffer from a sleep disorder, getting to sleep can be more of a challenge in New England during the summer months," said Baystate Health neurologist Dr. Karin Johnson, medical director of Baystate

Please see **HEAT**, page 13



**CLUES ACROSS**

- 1. Bonus materials
- 7. Formal names
- 13. Free from restraints
- 14. One who scrapes away
- 16. Type of device
- 17. Skin cancers
- 19. The Show Me State
- 20. Plate glasses
- 22. Red-brown sea bream
- 23. Small (Fr.)
- 25. Flightless Australian birds
- 26. High IQ group
- 28. Stiff structures
- 29. Revolutions per minute
- 30. Where a bachelor lives
- 31. Licensed for Wall Street
- 33. A place to park
- 34. Energy, style and enthusiasm
- 36. An important creed in Catholic Church

- 38. 18-year astronomical period
- 40. Furies
- 41. Removes from the record
- 43. Noted child psychiatrist
- 44. Feline
- 45. High schoolers' test
- 47. Not happy
- 48. They \_\_\_
- 51. On top
- 53. Precious stones unit of weight
- 55. Moved quickly
- 56. Seagulls
- 58. A seed with hooks or teeth
- 59. Partner to "oohed"
- 60. Exclamation of surprise
- 61. Most unpleasant
- 64. Organization help service members
- 65. Type of cockatoo
- 67. Humorous criticisms
- 69. Went through and

**CLUES DOWN**

- 1. Settle in tents
- 2. Big
- 3. Books
- 4. Masses of eggs in fish
- 5. Language
- 6. Not standing
- 7. Chinese philosophy
- 8. Computer giant
- 9. A device to catch
- 10. Emits coherent radiation
- 11. Actor O'Neill
- 12. Smallest interval in western music
- 13. Not lower
- 15. Revolves
- 18. Leavened bread
- 21. Number above the line in a fraction
- 24. Cable
- 26. Adult male
- 27. Airborne (abbr.)
- 30. Bullfighting

- organized
- 70. Wakes up
- 32. Broadcast
- 35. \_\_\_ Angeles
- 37. Vehicle
- 38. Not religious
- 39. North American peoples
- 42. A baglike structure
- 43. Body art (slang)
- 46. Picked for a role
- 47. Actress Tomei
- 49. Former hoopster "Big Country"
- 50. Icelandic poems
- 52. More pleasant
- 54. It can add flavor to meat
- 55. Self-immolation by fire rituals
- 57. Expression of annoyance
- 59. \_\_\_ Spumante (Italian wine)
- 62. Consumed
- 63. Body part
- 66. Thus
- 68. In reply (abbr.)

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# SPORTS

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## Senior Legion takes Chairman's Cup

BY TIM PETERSON  
Sports Correspondent

SOUTH HADLEY—The Belchertown Senior Legion team captured the 2022 District 3 Chairman's Cup.

The Post 239 squad was one of the eight baseball teams that participated in this year's state tournament.

Belchertown remained alive in the single elimination Western Mass. playoffs after squeaking out a 7-5 victory over Wilbraham (#2) Post 286 at South Hadley High School on July 17.

"We did all of the little things which made a big difference in tonight's game," said Belchertown manager Todd McDonald. "There are a lot of very good Legion teams in Western Mass. this year, and you have to play well to beat them."

Belchertown (11-3) defeated Longmeadow, 9-1, in their first playoff game.

Wilbraham (#2), who made a couple of costly mistakes against Belchertown, finished their season with a 5-10 record.

"I thought it was a very good learning season for us. We had the opportunity to play a couple of playoff games," said Wilbraham (#2) manager Don Laware. "We'll be returning almost all of our players next year."

Wilbraham (#2) posted a 10-2 victory against North Adams in their first playoff game.

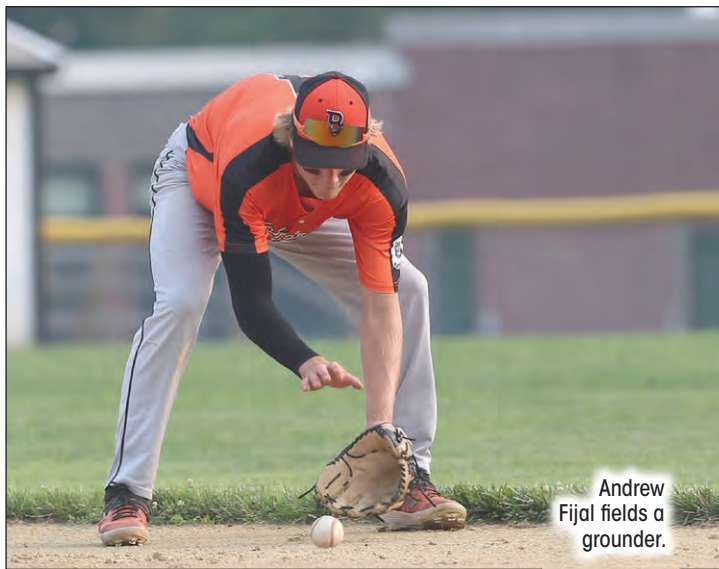
"We lost a close game against Belchertown during the regular season, and we thought we had a good chance of winning this game," said Wilbraham (#2) manager Don Laware. "The Belchertown starting pitcher pitched a good game against us, which was the difference."

Belchertown lefthander Cody West was the winning pitcher against Wilbraham (#2). He allowed five runs (three earned) on nine base hits with just one

Please see **LEGION**, page 12



TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM  
Marshall Ingram backhands a play.



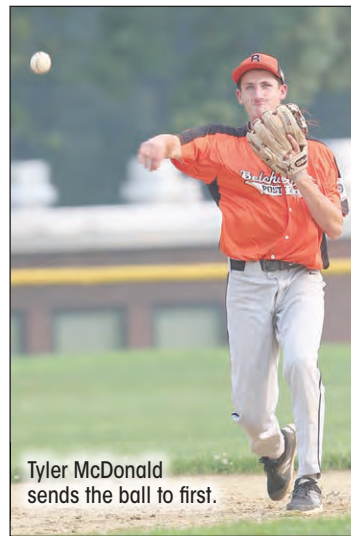
Andrew Fijal fields a grounder.



Ryan Schneider throws to try and cut down a runner.



Cooper Beckwith sends the ball back to the infield.



Tyler McDonald sends the ball to first.

## Granby falls at home to Agawam

BY TIM PETERSON  
Sports Correspondent

GRANBY—The top eight teams in the Pioneer Valley Summer Soccer League girls B-Division standings will be competing in the playoffs next week.

Two of the teams hoping to clinch a postseason berth are the Agawam Brownies and the Granby Lady Rams.

The Brownies, who entered last Tuesday night's road match with a 1-3-3 record, celebrated a 1-0 victory over the Lady Rams.

"We really needed a win and it's a very good confidence booster for the girls," said Agawam coach Chris Izzo. "All of the girls played very well. They're also learning how to play different positions."

Izzo shares the coaching duties with Mike Berthiaume.

The Lady Rams had a 3-3-2 summer league record following the home setback.

"We did have a couple of chances, but we just came up a little bit short," said Granby summer league coach Thomas Zumbroski. "It's a little bit disappointing because we were really hoping to win tonight's game. We're still hoping to make the playoffs."

Most of the Granby players are members of the varsity soccer team, which is coached by Bob Weaver, in the fall. Most of the Agawam players play for the junior varsity squad.

One of the key players in the summer league contest for the Brownies was Avery Ellis, who posted her first shutout of the

Please see **GRANBY**, page 13



Jordan Koduah makes a pass.

## Pioneers take season finale, make playoffs

BY TIM PETERSON  
Sports Correspondent

LUDLOW—The atmosphere at Lusitano Stadium is always a lot more festive whenever the Western Mass. Pioneers celebrates a victory.

The Pioneers faithful supporters were in no hurry to head home following the July 15 5-1 win over AC Connecticut in the regular season finale.

The Pioneers 10th win locked up sole possession of second place in the USL-2 Northeast Division. They also clinched a playoff berth for the fourth time since 2019. The 2020 season was canceled due to the COVID 19

pandemic.

"I think making the playoffs is a little more special for us this year," said Connor Hicks, who's one of the Pioneers' veteran players. "Our backs were against the wall a couple of weeks ago, but we were able to make the playoffs again."

Following a 2-1 home loss against rival Seacoast United on June 23, the Pioneers (10-1-3) closed out the regular season with five consecutive victories.

"After we lost to Seacoast, most people thought we wouldn't be making the playoffs this year," said Pioneers head coach

Please see **PIONEERS**, page 12



TURLEY PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM  
Gabriel Pacheco sends a free kick away.

SPORTS

# Hall takes win in Granite State series

HERMON, ME – The Granite State Pro Stock Series returned to “Vacationland” for the first time since 2021 with Saturday night’s Go FAS Racing 100 at Speedway 95. And against a tough field, Garrett Hall captured his second career GSPSS win in the series’ debut at the Hermon, Maine speedplant.

Seventeen drivers, all but one from the state of Maine, turned out for the GSPSS’ rain-delayed debut at the historic oval just outside Bangor. Wiscasset Speedway regular Josh St. Clair topped the charts in time trials, splitting the heats with home-track ace Mike Hopkins.

But in race trim, it was Hall who prevailed. With reigning GSPSS champion Joey Doiron in the pits, Hall worked the inside line around the third-mile oval en route to victory.

Hall won in his GSPSS debut in 2017, claiming the series’ only trip to Oxford Plains Speedway. With Saturday’s win, the Scarborough native is the first series driver to win twice in the Pine Tree State.

Hopkins, a road warrior with two wins in the Southeast earlier this season, came up short of victory in his second-ever GSPSS appearance, finishing second at his hometown track. St. Clair held on for third in his series debut.

Points leader Travis Benjamin extended his advantage with a fourth-place finish, while Ben Ashline rounded out the top five.



Garrett Hall was the winner up in Maine last Saturday.

SUBMITTED PHOTO

Saturday’s GSPSS showdown capped off a night of racing that included Speedway 95’s local classes. Dalaney Dunn came out on top in the 25-lap Cage Runner feature. Scott Modery took the checkers in the Street Stocks, and Kris Foss won the evening’s Sport 4 feature.

The next race for the Granite State Pro Stock Series is a return to Riverside Speedway on Saturday, August 12, where Travis Benjamin will try to back up his June performance with another

win at “Grovetona.” Details on the fifth race of the GSPSS’ twelfth season will be released shortly.

For more information on the Granite State Pro Stock Series, visit [www.gspss.net](http://www.gspss.net) or find us on Facebook, Twitter and Instagram.

### RESULTS, Go FAS Racing 100, July 22, 2023

- |                        |                           |
|------------------------|---------------------------|
| 1. (94) Garrett Hall   | 3. (14) Josh St. Clair    |
| 2. (15ME) Mike Hopkins | 4. (7B) Travis Benjamin   |
|                        | 5. (99) Ben Ashline       |
|                        | 6. (32) Brandon Barker    |
|                        | 7. (75) Gary Smith        |
|                        | 8. (32ME) Nick Jenkins    |
|                        | 9. (28R) JR Robinson      |
|                        | 10. (7CT) Cory Casagrande |
|                        | 11. (56) Evan Beaulieu    |
|                        | 12. (21C) Shane Clark     |
|                        | 13. (81) Bryan Lancaster  |
|                        | 14. (28) James Doucette   |
|                        | 15. (15) Trevor Krouse    |
|                        | 16. (21ME) David Oliver   |
|                        | 17. (01) Jet Decker       |

### LEGION from page 11

walk and 10 strikeouts in six plus innings.

Wilbraham (#2) centerfielder Maurice Kearney had four base hits, which were all singles, from the leadoff spot.

“Maurice just played a great game tonight,” Laware said. “He also pitched in our playoff victory at North Adams.

Kearney, who attends Pope Francis, grounded the first pitch of the game up the middle into centerfield. He advanced to third base on another single by short-stop Bryce Barlow, who rounded first base too far. He was tagged out by first baseman Brady Perkins. The next batter struck

out swinging, but the ball got away from catcher Jacob Smith. Kearney came home when Smith threw the ball to Perkins completing the play.

Belchertown tied the score against righty Ryan Atkin with one-out in the second inning. Centerfielder Andrew Fijal hit a fly ball, which was dropped by the left fielder. Right fielder Cooper Beckwith drove home the go-ahead run with a line-drive single. West helped himself by hitting a two-run double down the right field line. Then a Perkins sacrifice fly gave Belchertown a 5-1 lead.

After the first two Wilbraham (#2) batters struck out in the top of the third, Kearney singled to left. He scored on another single

by Barlow (2-for-3). The inning continued when third baseman Owen Gasteyer blasted a run scoring double to left field, which closed the gap to 5-3.

Wilbraham managed to tie the score two innings later.

Catcher Owen Ordynowicz, who singled, scored on a wild pitch.

Following Kearney’s third first-pitch single of the contest, he crossed the plate on the back end of a double steal play.

The game didn’t remain tied for very long, as Belchertown retook the lead in the bottom of the fifth.

Marshall Ingram(2-for-4), who started the game at second base, doubled to left field leading off the frame. He scored when Smith

bounced into a fielder’s choice play.

Belchertown, who only had six base hits, added an insurance run in the bottom of the sixth.

Wilbraham began the top of the seventh inning with back-to-back singles by Paul Diehl and Kearney.

At that point, West was replaced on the mound by Ryan Schneider. The righthander retired the first batter he faced on a flyball out before ending the game with a double play.

Two days later, Belchertown defeated Wilbraham (#1), 4-3, in eight innings in the semifinals. They then posted a 9-3 victory over top-seeded Westfield Post 124 in the Western Mass. championship game.

# West beats East in NECBL All-Star Game

LYNN - The West Division defeated the East Division 5-1 in the 2023 NECBL All-Star Game, presented by Metro Credit Union, behind eight scoreless innings thrown by nine different pitchers.

Catcher Kevin Bruggeman (Upper Valley, C, Hofstra) won the 2023 All-Star Game MVP after going 2-for-2 on the night with two hits including a two-out two-run single with the bases loaded in the fourth inning. Bruggeman was one of two West All-Stars with multi-hit performances, joined by Anthony Livermore (Keene, 3B, Northwestern).

The West Division struck first with a leadoff single by T.J. Williams (Vermont, OF, Notre Dame) on a full count in the top of the first inning. Williams stole second base and later scored from second on an RBI single by Greg Bozzo (Keene, C, Northeastern). East Division starter Santhosh Gottam (Newport, RHP, Brown) limited the damage to one run to keep the game close through the first inning.

Garrett Howe (Ocean State, 2B, Samford) hit a leadoff double with a blooper to left field for the East Division. Howe attempted to steal third, but was caught with a perfect throw by the catcher Greg Bozzo (Northeastern). West Division starter Nolan Sparks (Vermont, RHP, Rochester) escaped a first inning jam with a diving stop by Kyle Hannon (North Adams, 3B, Penn State) at third base to leave two runners stranded for the East Division.

Alex Logusch (Ocean State, RHP, Winthrop) allowed three walks to load the bases in the fourth and a Ryan Cesarini (Upper Valley, DH, St. Joseph’s) sacrifice fly scored Javon Hernandez (Danbury, SS, Auburn) to start the inning.

The West continued its rally when Williams reached base for a third time after his second hit-by-pitch to load the bases once again with two outs. Bruggeman’s two-run single

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### PIONEERS from page 11

Federico Molinari. “There was a lot of pressure on us to win every match, but boys worked very hard. It’s not very easy to qualify for the playoffs in this league.”

The Pioneers, who’ll begin their postseason journey this weekend, have posted an impressive 42-6-8 regular season record since the start of the 2019 campaign.

“We’ve changed a lot of players since 2019,” Molinari said. “When the new players join us, they always play very hard, and they also have a good attitude. It has been an outstanding season so far.”

Hicks, who’s from Monson, and Khalid Rose are the only remaining players from the 2019 playoff team.

Hicks, who has been a defender for most of his Pioneers career, was an outside midfielder against AC Connecticut (4-7-3). He had a couple shots on goal, but has never scored a goal while wearing



Tomas Duben makes his way toward the goal.



Alec Hughes shoots and scores for the Pioneers.

a Pioneers uniform. “I did score a goal in my first game with the Pioneers four years ago, but it was disallowed because of offsides,” said Hicks, who’s planning to play for the

Pioneers in 2024. “I was trying to score a goal in tonight’s game.” Alec Hughes, who’s a first-year member of the Western Mass. Pioneers, led the way offensively with two goals and a pair of

assists. “We really needed to win tonight’s game to make the playoffs,” Hughes said. “It has been a lot of fun playing for this soccer team this summer.”

The home team, who scored five goals in a home match for the first time since a preseason friendly with KO Elites FC, took a 1-0 lead six minutes into the opening half.

The scoring play began with Gabriel Pacheco sending a pass from the left side of the box to Tomas Duben, who tapped the ball over the goal-line past AC Connecticut goalie Clayton Knibbs.

Less than ten minutes later, Duben was credited with the assist as Hughes fired a shot into the left corner for his first goal of the match.

Duben and Hughes hooked up again during the 32nd minute. A tap in by Hughes increased the Pioneers lead to 3-0, which was the halftime score.

“I always try to put myself in

the right spot and let my teammates find me,” Hughes said. “I just want to do anything to help my team win.”

The Pioneers outshot AC Connecticut, 15-1, during the first 45 minutes of the match.

Any thoughts the AC Connecticut players might’ve had of making a second half comeback didn’t last very long.

A goal by Lucio Berron, which was assisted by Hughes in the 58th minute, gave the Pioneers a commanding 4-0 advantage.

AC Connecticut, who also lost the first meeting to the Pioneers, 2-1, received an early Christmas gift following an own goal in the 73rd minute.

A couple of minutes later, Jordan Koduah scored the Pioneers final goal, which was assisted by Hughes.

It was a perfect way to wrap up the regular season for the Pioneers players and their supporters.

**SPORTS**

**NECBL** from page 12

drove in Nighthawks teammate Adarius Myers (Upper Valley, OF, Louisiana Tech) along with Brandon Butterworth (Vermont, 2B, NC State) to give the West a commanding 4-0 lead.

Brent Francisco (Bristol, RHP, East Stroudsburg) recorded the first 1-2-3 inning of the evening after retiring three straight batters in the fifth inning, including strikeouts of Anthony DePino (Mystic, 3B, URI) and Mike Bello (Mystic, OF, Auburn).

Bruggeman reached base for a second time with a single to right field in the sixth inning, and later advanced to second on a Kyle Hannon two-out walk. Wyatt Lunsford-Shenkman (Ocean State, RHP, East Carolina) struck out the league's second-leading home run hitter Samuel Tackett (North Adams, OF, Virginia Tech) to escape the jam with a scoreless frame to keep the East within four.

Michael Weidinger (Valley, LHP, William & Mary) retired the side in the sixth inning, including two fly outs and a strikeout of Nolan Nawrocki (Martha's Vineyard, SS, Clemson) to continue a

dominant pitching performance by the West Division.

In the bottom half of the seventh inning, Anthony Livermore (Keene, 3B, Northwestern) showcased his speed with a diving attempt at first base to earn an infield single in his first plate appearance of the game. Livermore went on to steal second and third base before scoring on three straight walks allowed by East pitcher Jay Allmer (Mystic, RHP, Seton Hall), the league's leader in saves.

The East Division cut into the lead with a solo home run by Jake Berger (North Shore, 3B, Harvard) in the bottom of the eighth. Fellow Navigator Stan DeMartinis III (North Shore, OF, Bentley) followed with a single to left, but Week 2 Pitcher of the Week George Viebrock III (Danbury, LHP, Denison) retired the next three batters to maintain a 5-1 lead for the West heading into the ninth.

West Division Fan Vote winner Luis Misla (Upper Valley, LHP, SUNY Cortland) split the ninth inning with 2023 Home Run Derby champion and two-way player Anthony Steele (Danbury, LHP, Penn State) to seal a dominant 5-1 victory for the West Division.

**GRANBY** from page 11

summer league season. Ellis, who's entering her junior year of high school, was a member of the Brownies junior varsity soccer team a year ago.

"We normally have two keepers for every summer league game, but Avery played the whole match tonight," Izzo said. "She just did a fantastic job. Our defense also played very well."

Agawam had several shots early in the opening half.

During the 15th minute, Isabella Laprise sent a pass from the right side to Megan Fitzgerald. She then fired a shot on goal, which skipped wide left.

Then shot attempts by Jace Mansur and Marissa Fusco were saved by goalie Ellie Szlosek, who also played the entire match.

Late in the opening half, Granby's Kelly Lynne Kennedy shot was deflected away by Ellis.

Then the home team was given a penalty kick following a foul in the box.

Ellis managed to make a one-handed

save on the PK taken by Autumn Sicard.

"Anytime that your keeper can make a PK, it's a very important thing for your team," Izzo said. "I think it gave us the momentum. Avery also made a save on a PK in our last game against West Springfield."

It turned out to be the turning point of the game.

With about two minutes remaining in the first half, a chip shot by Fitzgerald landed in the right corner of the net giving the Brownies a 1-0 halftime advantage.

"Megan is one of our top goal scorers," Izzo said. "She was able to chip the ball over the goalies head into the corner."

A couple minutes into the second half, a free kick taken by McKenna Zumbruski banged off the crossbar.

It was the Lady Rams best scoring opportunity of the second half.

The Brownies had a chance to take a 2-0 lead in the 56th minute on a shot by Bella Shunaman, which sailed wide.

Agawam still had a 1-0 lead when the referee blew his whistle for the final time.

# Sports nutrition tips from Boston Children's Hospital

What should an athlete eat to prepare for a big event? Read on for sound tips from the Sports Medicine Division.

### Carbs are your friend and other game-day nutrition advice

Like a car, your body needs fuel to run. These foods help you rev up for top performance on game day:

Carbohydrates (pasta, fruit, bread, oatmeal, sugar) provide fast energy. Without carbs, an athlete is likely to hit a wall of sluggishness.

Fat (nuts, nut butters, olive oil, avocados, salmon or tuna) provides longer-lasting energy. Fats and carbs work together to fuel performance.

Protein (chicken, beef, eggs, dairy) builds muscle and repairs tissues. Protein after a practice or game is essential to building and maintaining muscle strength.

### Pre-game fueling

Three to four hours before a practice or game, an ideal pre-game meal includes mainly carbs with some protein and fat.

peanut butter toast with a banana granola bar

yogurt and fruit  
Closer to game or practice time, snacks or meals should decrease in volume and be mostly carbs.  
oatmeal  
sports drinks

### Post-game recovery

A snack or meal with both protein and carbohydrates within 30 to 45 minutes after a game helps muscles recover more rapidly.

chocolate milk  
banana and peanut butter or almond butter

graham crackers with peanut butter or almond butter  
yogurt with granola  
turkey sandwich

Foods that work for your teammates might not work for you. Be sure to try out different foods before and after practice and see how they make you feel. When game day rolls around, you'll know what fuel your body thrives on.

Stay tuned for more news and injury-prevention tips from Boston Children's Hospital.

**HEAT** from page 10

Health Regional Sleep Program and Sleep Section Chair of the American Academy of Neurology.

"There have been studies done on exactly what room temperatures are beneficial to our sleep. In general, many cite between 60- and 67-degrees Fahrenheit as ideal with temperatures exceeding 75 degrees Fahrenheit and below 54 degrees Fahrenheit as disruptive to our much-needed sleep," Johnson said.

The National Sleep Foundation offers the following tips to help both young and old sleep better in uncomfortable, hot weather, especially when air conditioning isn't an option:

### Use a fan to keep the air circulating.

Close the blinds to keep out sunlight. Also, keep the windows closed if the temperature outside is much hotter than inside. Open the windows at night if the temperature is cooler outside than in your house.

Heat rises. So, sleep downstairs in the

blistering heat.

If you do not have an air conditioner, and fans just aren't doing the trick, consider asking family or friends who do have an air conditioner if you can stay with them for a few nights.

Other options include sleeping outdoors under protection from mosquitoes and other insects, or during an extreme heatwave some communities may open cooling centers in schools or public places that are air-conditioned.

Water is a great cooling agent and taking a cold shower or bath before bed may help.

Wear light bedclothes and light pajamas. There are pajamas made from materials that wick away sweat, meaning the fabric pulls moisture from the body to the exterior of the clothing item where it can evaporate more easily.

Also, check the local news for health and safety updates during high heat and heat waves.

For more information on Baystate Health, visit baystatehealth.org.



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### FOR RENT



**ALL REAL ESTATE** advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

**DUPLEX APT.** 2 br., 2 ba., full basement, washer/dryer hookups. No pets. Town St., Ware. **413-283-9575**

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## FOR RENT



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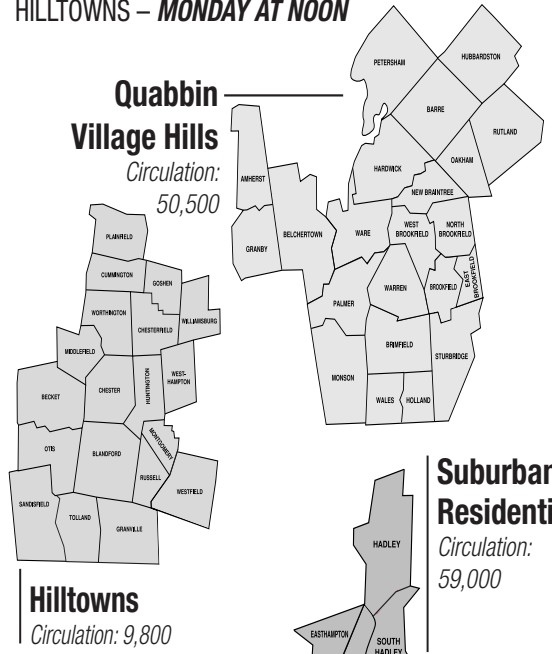
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17	18	19	20	Base Price \$26.00	
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**PUBLIC NOTICES**

**Destruction of Special Education Records**  
 Please be advised that the SPECIAL EDUCATION RECORDS from the Granby Jr. Sr. High School Class of 2013, 2014 and 2015, along with the records of students released from special education services during the 2012-2013, 2013-2014 and 2014-2015 school year, will be destroyed the week of August 21, 2023. If you wish to obtain your records, please contact the Special Education office at 413-493-5100, ext. 1024 prior to Friday, August 18, 2023 in order to make arrangements for pick up. Please note that identification will be required at the time of record retrieval.  
 07/20, 07/27/2023

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampshire Division Docket No. HS23P0449EA**  
 Estate of:  
**Jean Catherine Merriam**  
 Also Known As:  
**Jean P. Merriam**  
**Date of Death: 06/08/2023**  
**INFORMAL PROBATE PUBLICATION NOTICE**  
 To all persons interested in the above captioned estate, by Petition of Petitioner **Thomas G Griffin of Holyoke, MA** a Will has been admitted to informal probate.  
**Thomas G Griffin of Holyoke, MA** has been informally appointed as the Personal Representative of the estate to serve without

surety on the bond.  
 The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventories and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
 07/27/2023

**SALE OF MOTOR VEHICLE**  
 This ad is pursuant to MA Gen. Law Ch.255, Sec. 39A as of July 28,2023 the following motor vehicle will be for sale to satisfy a garage keepers lien:  
 Vehicle: 2008 Toyota Corolla VIN: 2T1BR32EX8C868999 Color: Blue LKO: Thomas Gorman Address: 139 Mill Village Road Deerfield, MA 01342 Relentless Towing Belchertown, MA 413-530-3804  
 07/13, 07/20, 07/27/2023

**Commonwealth of Massachusetts The Trial Court Hampshire Probate and Family Court 15 Atwood Drive Northampton, MA 01060 (413)586-8500**  
**Docket No. HS23P0462EA**  
 Estate of:  
**Margot Cynthia Shuldiner**  
**Date of Death: 02/08/2023**  
**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
 To all interested persons:  
 A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Alizon J. Shuldiner of Evanston, IL** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.  
 The Petitioner requests

that: **Alizon J. Shuldiner of Evanston, IL** be appointed as Personal Representative(s) of said estate to serve without surety on the bond in **unsupervised administration.**  
**IMPORTANT NOTICE**  
 You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/23/2023.**  
 This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the

return day, action may be taken without further notice to you.  
**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
 A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.  
 WITNESS, Hon. **Diana S. Velez Harris**, First Justice of this Court.

Date: July 21, 2023  
**Michael J. Carey**  
 Register of Probate  
 07/27/2023  
**BELCHERTOWN EDUCATION FOUNDATION, INC. 2022 FINANCIAL RECORDS AVAILABLE**  
 The financial records of 2022, Form 990, for Belchertown Education Foundation, Inc. are available for public inspection by contacting the Treasurer at P.O. Box 435, Belchertown, MA during regular business hours. Please call for an appointment.  
 07/27/2023



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## Community Autumn Events

**Event Should Be Non-Profit & Open to the Public**

FREE Calendar Listings Reaching over 200,000 Readers in the Pioneer Valley

### Send Us Your Autumn Event Information

Turley Publications will print your Autumn event **FREE OF CHARGE** in our **Autumn Fest Supplement** which will be published **September 13, 2023.**

Total circulation of 85,000 reaching over 200,000 readers in the Pioneer Valley.

**Deadline for Calendar submissions is August 16.**

Event Name \_\_\_\_\_

Date/Time \_\_\_\_\_

Location \_\_\_\_\_

\_\_\_\_\_

Description \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Cost \_\_\_\_\_

Contact name & phone number for more information \_\_\_\_\_

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 \*Be sure to indicate "Autumn Event" in the subject line of your email.

COMMUNITY

# Resident continues decades-long fight for ‘fairness, equity’

BY MICHAEL HARRISON  
Correspondent

HADLEY — Tom McGee has a plaque on his desk with a quote from Calvin Coolidge about persistence.

One day, if a bill in the Massachusetts Legislature he spurred becomes law, someone might have a plaque on their desk with a similar quote from McGee.

“Nothing in this world can take the place of persistence,” is part of the famous quote attributed to Coolidge, a former Massachusetts governor who became the 30th U.S. president a century ago and said ability and knowledge alone do not guarantee success. It takes tenacity, too.

McGee, a retiree in his 80s who has lived in Hadley for over 30 years, has that by the boatload.

Since 1995 he has been championing legislation to require public access to all state job openings. It became his cause after he realized that only some positions were posted — in a hard copy format typical of the pre-digital age — at regional unemployment offices.

The rest, mostly the prime jobs, he said, were posted on bulletin boards in state offices in Boston or circulated by word of mouth and were available to just “the connected” class, he said.

According to McGee, other than the creation of the Massachusetts Jobs Department website, not much has changed.

“It’s an issue of fairness,” McGee said.

“It’s an issue of equity and fairness in hiring for jobs in Massachusetts and people in Western Massachusetts, people with expertise and training, such as veterans, don’t have the opportunity to apply for good jobs they’re qualified for.”

For decades, McGee filed petition bills through state Sen. Stan Rosenberg and state Rep. John Scibak to try to enact a law requiring all state jobs to be posted publicly across the commonwealth. The bills would go far, but never make it to the finish line.

This legislative session he enlisted the help of their successors, Sen. Jo Comerford and Rep. Daniel Carey, whose districts include Hadley. Both have filed bills in their chambers and Comerford read a statement about them submitted for the record on behalf of both during a hearing last week of the Joint Committee on Labor and Workforce Development.

“Hiring guidelines in Massachusetts



Sen. Jo Comerford

already require posting state employment opportunities publicly to ensure a fair and transparent hiring practice,” the statement says.

“However, many state agencies are working around this requirement by obtaining exemption waivers. The current hiring guidelines are not effective for public job seekers because of these exemptions. Furthermore, many residents are unaware of where to find

state employment vacancies because of the lack of a centralized referral system.

“Transparency about state employment vacancies will not only garner greater trust from the public in government hiring processes, but will also benefit state agencies which will receive applications from more diverse and qualified candidates. While it is easy for those close to Boston and the State House to hear about state employment opportunities through word of mouth, the members of the public living outside metro Boston are unaware of poorly publicized job vacancies.”

If the bills become law, all of the job openings would be accessible online.

According to an email from Comerford’s office, “the committee has until early

February 2024 to report the bill out favorably, recommend an amendment, refer the bill for further study or report it out unfavorably.”

Asked about his experience working with Comerford and Carey, McGee said it was “excellent” and seeing the bill recognized in the hearing “shows they listen to their constituents.”

He said he believes leveling the playing field for state jobs, particularly the higher level positions, would make the commonwealth run more efficiently and prevent systematic failures. He brought up the dozens of deaths at the Soldiers’ Home in Holyoke during the height of the COVID-19 pandemic as one example.

After so many years going by without getting a bill passed into law, why McGee is optimistic about its chances this time around seems an obvious question.

“I have confidence in the senators and representatives that they want to ensure fairness and equity in the commonwealth,” he said.

“I have confidence they will do the right thing.”

And if they don’t? “If not, we’ll reintroduce it again,” McGee said.

“We’ll keep pushing. You keep filing a bill until you get it passed.”

## Road reconstruction could cause delays and detours

GRANBY — Road reconstruction projects will begin after July 25 on Taylor Street between Hubbard Drive and Route 202.

The town will also be working on Barton Street and Easton Street between Porter and North Street. Through traffic may be detoured at times or reduced to a single lane.

Seek alternate routes if possible. The roads will remain open to residents on the streets but short-term inconvenience/delays due to construction operations are possible.



## Discount tickets for annual Three County Fair available

NORTHAMPTON — Advance discounted tickets are now available for the area’s great, late-summer fair, the Three County Fair, which kicks off its 206th consecutive edition on Friday, Sept. 1, and runs through Monday, Sept. 4.

“We welcomed some of the largest crowds back to the fairgrounds last September, and in return we have put together a family friendly festival with thrilling experiences for everyone” said James Przypek, general manager of the Three County Fair.

“We are especially excited about two different ‘you need to see it to believe it’ national acts to this year’s fair — the magic of Lance Gifford and the American Motor Drome Company’s Wall of Death.”

The Three County Fair is well known for its motorsport’s events, such as its unique school bus and minivan demolition derbies, car “enduro” and lawnmower racing, plus truck and tractor pulls. The Fair also boasts a wide selection of thrill rides for all ages, its Baby Barnyard, racing

pigs, parakeet encounter, a dozen different food trucks, and agricultural and livestock competitions featured daily.

“Live music will once again be a big part of Labor Day weekend at the Three County Fair,” Przypek said.

“We have North America’s number one Shania Twain tribute artist, Shania Twin, with Canadian native Donna Huber performing with her band, plus local favorites such as “American Idol” contestant Katherine Winston and “The Voice” contestant Cara Brindisi.”

In all, the Fair will have 15 different live music performances over the four days, all of which are free with general admission to the Fair.

Parking at the Fair is free and general admission to the Fair is free for children ages 11 and under. Adult admission is \$12 when purchased in advance online or \$15 at the gate. There are also discounts available at the gate for seniors and veterans.

The popular four-day pass for \$30 is available on the fair’s website up until the

day before it begins.

Fairgoers are encouraged to take advantage of purchasing their tickets in advance exclusively on 3countyfair.com to save money and time by allowing them to skip the lines at the ticket booth and proceed right to the gates for contactless entry.

For more information and a full schedule of events, visit the Fair’s official website at 3countyfair.com.

The Three County Fair, recognized by the U.S. Dept. of Agriculture as the oldest on-going Fair in continuous operation in the U.S.A, was launched Oct. 14-15, 1818 and has continued every year since without interruption. It is organized by the Hampshire, Franklin and Hampden County Agricultural Society.

Located in Northampton and incorporated in 1818, the Hampshire, Franklin and Hampden County Agricultural Society promotes agriculture, agricultural education, agricultural science and sustainability for the region through exhibitions, displays, competitions and demonstrations.

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